

**24th Annual Golden State Athletic Conference  
Track and Field Championships  
Santa Barbara, Calif. - 4/23/2010 to 4/24/2010  
Meet Program**

**Event 9 Women 100 Meter Dash**

<b>GSAC Record:</b>	<b>11.69 1994</b>	<b>Fatimat Yusuf</b>
<b>Stadium Rec:</b>	<b>11.79 1970</b>	<b>Ferguson</b>
	12.26 "A"	
	12.38 "B"	

<b>Lane Name</b>	<b>School</b>	<b>Prelims</b>
<b>Section 1 of 1 Finals</b>		
1 275 Van Wey, Jennifer	Point Loma	12.80
2 268 Schreiber, Jackie	Point Loma	12.75
3 156 Auberry, Asia	Concordia (Cal.)	12.58
4 26 Ross, Mandy	Azusa Pacific	12.26 "A"
5 250 Laine, Sarah	Point Loma	12.42
6 198 Hurd, Brandy	Fresno Pacific	12.59
7 343 Chevalier, Amanda	Westmont	12.79
8 270 Starr, Kelsey	Point Loma	12.88

**Event 15 Women 200 Meter Dash**

<b>GSAC Record:</b>	<b>24.04 1994</b>	<b>Fatimat Yusuf</b>
<b>Stadium Rec:</b>	<b>24.76 3/27/2010</b>	<b>Natasha Miller</b>
	25.20 "A"	
	25.35 "B"	

<b>Lane Name</b>	<b>School</b>	<b>Prelims</b>
<b>Section 1 of 1 Finals</b>		
1 275 Van Wey, Jennifer	Point Loma	26.17
2 274 Turner, Jordan	Point Loma	25.74
3 85 Miller, Natasha	Biola	25.34 "B"
4 26 Ross, Mandy	Azusa Pacific	24.89 "A"
5 250 Laine, Sarah	Point Loma	25.20 "A"
6 198 Hurd, Brandy	Fresno Pacific	25.37
7 17 Leslie, Breanna	Azusa Pacific	26.03
8 270 Starr, Kelsey	Point Loma	26.23

**Event 7 Women 400 Meter Dash**

<b>GSAC Record:</b>	<b>53.55 2004</b>	<b>Niema Golphin</b>
<b>Stadium Rec:</b>	<b>59.47 3/27/2010</b>	<b>Deirdre Wyrick</b>
	57.30 "A"	
	58.00 "B"	

<b>Lane Name</b>	<b>School</b>	<b>Prelims</b>
<b>Section 1 of 1 Finals</b>		
1 209 Wyrick, Deirdre	Fresno Pacific	60.35
2 79 Forsi, Brooke	Biola	58.67
3 85 Miller, Natasha	Biola	58.33
4 250 Laine, Sarah	Point Loma	56.62 "A"
5 274 Turner, Jordan	Point Loma	57.87 "B"
6 319 Neves, Diana	Vanguard	58.35
7 245 Ham, Kassandra	Point Loma	58.85
8 169 Moser, Samantha	Concordia (Cal.)	60.53

**Event 11 Women 800 Meter Run**

<b>GSAC Record:</b>	<b>2:10.27 2009</b>	<b>Jaime Canterbury</b>
<b>Stadium Rec:</b>	<b>2:15.84 1970</b>	<b>Cape</b>
	2:16.00 "A"	
	2:17.85 "B"	

<b>Lane Name</b>	<b>School</b>	<b>Prelims</b>
<b>Section 1 of 1 Finals</b>		
1 266 Rickabaugh, Kelsey	Point Loma	2:20.54
2 192 Barnard, Megan	Fresno Pacific	2:19.80
3 90 Thede, Katie	Biola	2:21.30
4 256 Matranga, Breelan	Point Loma	2:18.52
5 324 Williams, Megan	Vanguard	2:20.75
6 258 Moyer, Megan	Point Loma	2:19.88
7 239 Casarez, Melissa	Point Loma	2:22.12
8 81 Gasner, Kelsey	Biola	2:18.20
9 16 Lawman, Poppy	Azusa Pacific	2:17.48 "B"

**Event 3 Women 1500 Meter Run**

<b>GSAC Record:</b>	<b>4:26.96 2009</b>	<b>Jaime Canterbury</b>
<b>Stadium Rec:</b>	<b>4:44.32 3/27/2010</b>	<b>Fishetti</b>
	4:43.85 "A"	
	4:46.25 "B"	

<b>Lane Name</b>	<b>School</b>	<b>Prelims</b>
<b>Section 1 of 1 Finals</b>		
1 78 Fischetti, Nychele	Biola	4:43.91 "B"
2 81 Gasner, Kelsey	Biola	4:51.62
3 14 Kipwambok, Jacky	Azusa Pacific	4:49.57
4 130 Lutz, Jacquie	Cal Baptist	4:54.58
5 323 Van Cott, Chelsea	Vanguard	4:46.36
6 90 Thede, Katie	Biola	4:51.41
7 256 Matranga, Breelan	Point Loma	4:50.09
8 83 Kerner, Jane	Biola	4:48.25
9 324 Williams, Megan	Vanguard	4:43.99 "B"
10 89 Stump, Rachel	Biola	4:55.60
11 16 Lawman, Poppy	Azusa Pacific	4:42.28 "A"
12 18 Martinez, Victoria	Azusa Pacific	4:43.05 "A"

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**Event 25 Women 5000 Meter Run**

**GSAC Record: 16:55.45 2009 Jacky Kipwambok**  
**Stadium Rec: 18:05.84 3/27/2010 Katie Thede**  
 18:05.50 "A"  
 18:25.00 "B"

Lane Name	School	Seed Time	
<b>Section 1 of 1 Finals</b>			
1 74 Brooks, Sarah	Biola	18:02.24	"A"
2 174 Urata, Michelle	Concordia (Cal.)	NT	
3 130 Lutz, Jacquie	Cal Baptist	18:25.00	"B"
4 262 Ozuna, Genieva	Point Loma	19:09.58	
5 345 Corrao, Caitlyn	Westmont	19:27.20	
6 322 Sopp, Rebecca	Vanguard	NT	
7 370 Trudelle, Chrissa	Westmont	18:05.64	"B"
8 135 Sawyer, Bailee	Cal Baptist	NT	
9 317 Minnick, Lauren	Vanguard	20:19.17	
10 14 Kipwambok, Jacky	Azusa Pacific	16:54.40	"A"
11 352 Hoch, Kaela	Westmont	20:13.83	
12 133 Neimeyer, Alyssa	Cal Baptist	NT	
13 315 Canales, Emily	Vanguard	NT	
14 134 Richeri, Natalia	Cal Baptist	18:55.00	
15 359 Rosendale, Danica	Westmont	18:42.64	
16 165 Mallen, Jennifer	Concordia (Cal.)	18:15.19	"B"
17 267 Saylor, Cathryn	Point Loma	NT	
18 8 Graham, Renee	Azusa Pacific	16:49.86	"A"
19 132 Mendoza, Ana	Cal Baptist	18:34.75	
20 71 Arroues, Kim	Biola	19:11.00	
21 164 Lund, Amy	Concordia (Cal.)	NT	
22 12 Jimison, Lauren	Azusa Pacific	16:47.33	"A"
23 303 Pattison, Sarah	The Masters	19:39.69	
24 83 Kerner, Jane	Biola	18:07.50	"B"
25 256 Matranga, Breelan	Point Loma	17:40.69	"A"
26 272 Szabo, Ashlee	Point Loma	18:05.67	"B"
27 7 Godfrey, Stephanie	Azusa Pacific	NT	
28 4 Delira, Emmanuella	Azusa Pacific	NT	
29 249 Kunz, Katie	Point Loma	17:57.50	"A"
30 264 Reynolds, Jennifer	Point Loma	NT	
31 192 Barnard, Megan	Fresno Pacific	19:42.93	
32 126 Brown, Natasha	Cal Baptist	NT	
33 89 Stump, Rachel	Biola	19:51.20	
34 2 Carstensen, Kayla	Azusa Pacific	NT	
35 76 Calhoun, Danielle	Biola	18:56.00	
36 129 Jimenez, Gabi	Cal Baptist	NT	
37 320 Reyes, Jazmine	Vanguard	21:00.51	
38 87 Sikkelee, Katie	Biola	21:05.89	
39 90 Thede, Katie	Biola	18:05.70	"B"
40 347 Fritzke, Katie	Westmont	18:22.18	"B"

**Event 5 Women 100 Meter Hurdles**

**GSAC Record: 13.81 2000 Robin Leafblad**  
**Stadium Rec: 15.54 1984 Edwards**  
 14.90 "A"  
 15.25 "B"

Lane Name	School	Prelims
<b>Section 1 of 1 Finals</b>		
1 157 Baker, Jordan	Concordia (Cal.)	15.52
2 233 Anderson, Victoria	Point Loma	15.26
3 189 Alanis, Jessica	Fresno Pacific	15.11 "B"
4 85 Miller, Natasha	Biola	14.37 "A"
5 24 Parker, Tiffeny	Azusa Pacific	14.79 "A"
6 208 Tuivanuavou, Milika	Fresno Pacific	15.25 "B"
7 17 Leslie, Breanna	Azusa Pacific	15.28
8 248 Holding, Emily	Point Loma	15.64

**Event 13 Women 400 Meter Hurdles**

**GSAC Record: 61.06 1988 Susanne Johannsson**  
**Stadium Rec: 63.44 3/27/2010 Jessica Suddaby**  
 64.50 "A"  
 65.25 "B"

Lane Name	School	Prelims
<b>Section 1 of 1 Finals</b>		
1 193 Barreto, Kathy	Fresno Pacific	67.19
2 162 Jaeger, Angela	Concordia (Cal.)	65.47
3 207 Suddaby, Jessica	Fresno Pacific	64.99 "B"
4 70 Andersen, Connie	Biola	66.79
5 157 Baker, Jordan	Concordia (Cal.)	64.34 "A"
6 189 Alanis, Jessica	Fresno Pacific	65.27
7 233 Anderson, Victoria	Point Loma	63.86 "A"
8 341 Blockman, Sondra	Westmont	67.50

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**Event 23 Women 4x100 Meter Relay**

**GSAC Record:** 47.25 2009 Point Loma Nazarene  
**Stadium Rec:** 48.14 1981  
48.84 "A"  
49.35 "B"

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
2	Azusa Pacific		47.62 "A"
	1) 24 Parker, Tiffeny	2) 17 Leslie, Breanna	
	3) 6 Fung, Anita	4) 26 Ross, Mandy	
3	Westmont		50.89
	1) 366 Stormans, Laurel	2) 362 Senko, Rachel	
	3) 343 Chevalier, Amanda	4) 341 Blockman, Sondra	
4	Biola		52.93
	1) 91 Zalesky, Alexandra	2) 70 Andersen, Connie	
	3) 79 Forsi, Brooke	4) 92 Zappas, Zoe	
5	Concordia (Cal.)		49.61
	1) 156 Auberry, Asia	2) 158 Brammer, Tanya	
	3) 157 Baker, Jordan	4) 169 Moser, Samantha	
6	Fresno Pacific		48.98 "B"
	1) 209 Wyrick, Deirdre	2) 198 Hurd, Brandy	
	3) 189 Alanis, Jessica	4) 192 Barnard, Megan	
7	Point Loma		47.52 "A"
	1) 257 Menges, Allyson	2) 274 Turner, Jordan	
	3) 268 Schreiber, Jackie	4) 250 Laine, Sarah	
8	Vanguard		50.06
	1) 321 Rodriguez, Melina	2) 314 Armando, Allie	
	3) 316 Davis, Kelsie	4) 319 Neves, Diana	

**Event 27 Women 4x400 Meter Relay**

**GSAC Record:** 3:51.73 1998 California Baptist  
**Stadium Rec:** 3:57.94 1977  
3:58.25 "A"  
4:01.50 "B"

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
2	Point Loma		3:47.36 "A"
	1) 274 Turner, Jordan	2) 245 Ham, Cassandra	
	3) 233 Anderson, Victoria	4) 250 Laine, Sarah	
3	Concordia (Cal.)		4:07.27
	1) 157 Baker, Jordan	2) 162 Jaeger, Angela	
	3) 159 Caruana, Aubree	4) 169 Moser, Samantha	
4	Fresno Pacific		3:54.63 "A"
	1) 207 Suddaby, Jessica	2) 198 Hurd, Brandy	
	3) 209 Wyrick, Deirdre	4) 202 Mazza, Jessica	
5	Vanguard		4:21.66
	1) 314 Armando, Allie	2) 324 Williams, Megan	
	3) 316 Davis, Kelsie	4) 319 Neves, Diana	
6	Westmont		4:13.76
	1) 360 Ross, Hannah	2) 346 Dixon, Courtney	
	3) 367 Stuart, Kate	4) 356 Nealon, Theresa	
7	Biola		4:06.00
	1) 79 Forsi, Brooke	2) 81 Gasner, Kelsey	
	3) 85 Miller, Natasha	4) 78 Fischetti, Nychele	
8	Azusa Pacific		3:58.61 "B"
	1) 9 Jackson, Sharayza	2) 6 Fung, Anita	
	3) 16 Lawman, Poppy	4) 26 Ross, Mandy	

**Event 29 Women High Jump**

**GSAC Record:** 1.83m 1991 Latrese Johnson  
**Stadium Rec:** 1.82m 1972 Brill  
1.68m "A"  
1.65m "B"

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	318 Morehouse, Heidi	Vanguard	1.30m
2	344 Clark, Rachel	Westmont	1.30m
3	355 Moore, Megan	Westmont	1.47m
4	20 Nash, Emily	Azusa Pacific	1.49m
5	10 Jarnagin, Carrie	Azusa Pacific	1.50m
6	11 Jimenez, Raquel	Azusa Pacific	1.50m
7	17 Leslie, Breanna	Azusa Pacific	1.55m
8	202 Mazza, Jessica	Fresno Pacific	1.60m
9	206 Straw, Amanda	Fresno Pacific	1.62m
10	24 Parker, Tiffeny	Azusa Pacific	1.64m
11	316 Davis, Kelsie	Vanguard	1.65m "B"
12	176 Wood, Kelsey	Concordia (Cal.)	1.65m "B"
13	233 Anderson, Victoria	Point Loma	1.67m "B"
14	158 Brammer, Tanya	Concordia (Cal.)	1.68m "A"
15	85 Miller, Natasha	Biola	1.78m "A"

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**Event 35 Women Triple Jump**

**GSAC Record:** 12.10m 2008 Natalie Friesen  
**Stadium Rec:** 11.26m 3/27/2010 Milika Tuivanuavou  
11.43m "A"  
11.20m "B"

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	207 Suddaby, Jessica	Fresno Pacific		11.19m
2	208 Tuivanuavou, Milika	Fresno Pacific		11.85m "A"
3	247 Henry, Aja	Point Loma		10.28m
4	259 Nelson, Elizabeth	Point Loma		9.14m
5	321 Rodriguez, Melina	Vanguard		10.83m
6	204 Pantoja, Veronica	Fresno Pacific		10.87m
7	196 Hamilton, Demi	Fresno Pacific		10.46m
8	199 Langley, Michelle	Fresno Pacific		10.64m
9	316 Davis, Kelsie	Vanguard		9.92m
10	353 Kearin, Kasey	Westmont		10.98m
11	195 Ford, Aliza	Fresno Pacific		10.68m

**Event 37 Women Shot Put**

**GSAC Record:** 17.94m 2002 Vivian Chukweumeka  
**Stadium Rec:** 14.41m 1981 Hamilton  
12.95m "A"  
12.57m "B"

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	25 Robusto, Jordan	Azusa Pacific		ND
2	348 Gingersky, Renee	Westmont		10.44m
3	351 Hernandez,	Westmont		9.41m
4	363 Sharp, Alison	Westmont		11.54m
5	368 Thym, Kiersten	Westmont		8.16m
6	24 Parker, Tiffeny	Azusa Pacific		11.32m
7	88 Sornoso, Naomi	Biola		10.74m
8	342 Broom, Chrissy	Westmont		8.63m
9	23 Orris, Lauren	Azusa Pacific		11.40m
10	208 Tuivanuavou, Milika	Fresno Pacific		13.46m "A"
11	29 Smith, Cheri	Azusa Pacific		10.75m
12	243 Faaleaoga, Agnes	Point Loma		10.83m
13	246 Hardeman, Tashia	Point Loma		9.78m

**Event 39 Women Discus Throw**

**GSAC Record:** 53.02m 2003 Vivian Chukweumeka  
**Stadium Rec:** 42.57m 1986 Daugherty  
42.18m "A"  
41.10m "B"

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	368 Thym, Kiersten	Westmont		26.64m
2	25 Robusto, Jordan	Azusa Pacific		40.52m
3	342 Broom, Chrissy	Westmont		27.12m
4	23 Orris, Lauren	Azusa Pacific		41.15m "B"
5	240 Cook, Annelise	Point Loma		35.07m
6	243 Faaleaoga, Agnes	Point Loma		34.90m
7	29 Smith, Cheri	Azusa Pacific		36.46m
8	88 Sornoso, Naomi	Biola		35.75m
9	208 Tuivanuavou, Milika	Fresno Pacific		39.78m
10	363 Sharp, Alison	Westmont		39.12m
11	348 Gingersky, Renee	Westmont		28.86m

**Event 1 Heptathlon: #7 Women 800 Meter Run**

Lane	Name	School	Seed	Time
<b>Section 1 of 1 Finals</b>				
1	234 Bellanger, Monique	Point Loma		NT
2	70 Andersen, Connie	Biola		NT
3	357 Nydam, Elisabeth	Westmont		NT
4	304 Ramirez, Caitlyn	The Masters		NT
5	248 Holding, Emily	Point Loma		NT
6	350 Hemy, Kristin	Westmont		NT
7	203 Michaelis, Catherine	Fresno Pacific		NT
8	206 Straw, Amanda	Fresno Pacific		NT
9	231 Adarkwa, Sandra	Point Loma		NT
10	202 Mazza, Jessica	Fresno Pacific		NT

**Event 1 Heptathlon: #5 Women Long Jump**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	350 Hemy, Kristin	Westmont		ND
2	231 Adarkwa, Sandra	Point Loma		ND
3	202 Mazza, Jessica	Fresno Pacific		ND
4	248 Holding, Emily	Point Loma		ND
5	234 Bellanger, Monique	Point Loma		ND
6	203 Michaelis, Catherine	Fresno Pacific		ND
7	70 Andersen, Connie	Biola		ND
8	304 Ramirez, Caitlyn	The Masters		ND
9	206 Straw, Amanda	Fresno Pacific		ND
10	357 Nydam, Elisabeth	Westmont		ND

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**Event 1 Heptathlon: #6 Women Javelin Throw**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	248 Holding, Emily	Point Loma		ND
2	357 Nydam, Elisabeth	Westmont		ND
3	203 Michaelis, Catherine	Fresno Pacific		ND
4	304 Ramirez, Caitlyn	The Masters		ND
5	206 Straw, Amanda	Fresno Pacific		ND
6	70 Andersen, Connie	Biola		ND
7	234 Bellanger, Monique	Point Loma		ND
8	231 Adarkwa, Sandra	Point Loma		ND
9	350 Hempy, Kristin	Westmont		ND
10	202 Mazza, Jessica	Fresno Pacific		ND

**Event 10 Men 100 Meter Dash**

<b>GSAC Record:</b>	<b>10.23 2004</b>	<b>Mike Mitchell</b>
<b>Stadium Rec:</b>	<b>10.55 1971</b>	<b>Jean-Louie Ravelomanantsoa</b>
	<b>10.70 "A"</b>	
	<b>10.82 "B"</b>	

Lane Name	School	Prelims
<b>Section 1 of 1 Finals</b>		
1	227 Vollmer, Eugene	Fresno Pacific 11.26
2	59 Savidge, Jordan	Azusa Pacific 10.95
3	48 Keene, Zachary	Azusa Pacific 10.97
4	338 Whitelow, Elvis	Vanguard 10.78 "B"
5	331 Perkins, Aze	Vanguard 10.93
6	288 Lewis, Sean	Point Loma 11.19
7	179 Harkins, Bryan	Concordia (Cal.) 11.12
8	212 Dejongh, Ethan	Fresno Pacific 11.26

**Event 16 Men 200 Meter Dash**

<b>GSAC Record:</b>	<b>21.08 2004</b>	<b>Mike Mitchell</b>
<b>Stadium Rec:</b>	<b>21.64 1970</b>	<b>Allotey</b>
	<b>21.78 "A"</b>	
	<b>21.96 "B"</b>	

Lane Name	School	Prelims
<b>Section 1 of 1 Finals</b>		
1	223 Reckas, Ben	Fresno Pacific 22.96
2	93 Aeschliman, Gaberiel	Biola 22.87
3	48 Keene, Zachary	Azusa Pacific 22.73
4	338 Whitelow, Elvis	Vanguard 21.77 "A"
5	286 Kakuda, Ronsen	Point Loma 22.38
6	327 Black, Dan	Vanguard 22.67
7	278 Davidson, Jeremy	Point Loma 22.93
8	395 McCann, Jimmy	Westmont 23.20

**Event 8 Men 400 Meter Dash**

<b>GSAC Record:</b>	<b>47.14 1997</b>	<b>Dunle Adejuygibe</b>
<b>Stadium Rec:</b>	<b>48.34 1970</b>	<b>Davis</b>
	<b>48.54 "A"</b>	
	<b>48.90 "B"</b>	

Lane Name	School	Prelims
<b>Section 1 of 1 Finals</b>		
1	93 Aeschliman, Gaberiel	Biola 50.59
2	334 Rose, Morgan	Vanguard 50.00
3	327 Black, Dan	Vanguard 49.55
4	51 Logan, Anthony	Azusa Pacific 49.11
5	286 Kakuda, Ronsen	Point Loma 49.89
6	277 Botma, Corey	Point Loma 49.92
7	211 Clark, Anthony	Fresno Pacific 50.46
8	182 Norman, Ronnie	Concordia (Cal.) 51.63

**Event 12 Men 800 Meter Run**

<b>GSAC Record:</b>	<b>1:50.18 2006</b>	<b>Tim Ramirez</b>
<b>Stadium Rec:</b>	<b>1:50.24 1968</b>	<b>Dennis Savage</b>
	<b>1:53.50 "A"</b>	
	<b>1:54.50 "B"</b>	

Lane Name	School	Prelims
<b>Section 1 of 1 Finals</b>		
1	404 Williams, Eric	Westmont 1:58.47
2	214 Hodges, Josh	Fresno Pacific 1:58.83
3	120 Weller, Mark	Biola 1:57.50
4	277 Botma, Corey	Point Loma 1:58.41
5	155 Williams, Chase	Cal Baptist 1:58.07
6	383 Gourdeau, Garrison	Westmont 1:58.13
7	138 Cline, Chris	Cal Baptist 1:58.22
8	335 Smith, Chad	Vanguard 1:58.89
9	284 Jones, Brant	Point Loma 1:58.83

**Event 4 Men 1500 Meter Run**

<b>GSAC Record:</b>	<b>3:45.84 2008</b>	<b>Aron Rono</b>
<b>Stadium Rec:</b>	<b>3:57.58 3/27/2010</b>	<b>Jacob Goodin</b>
	<b>3:55.25 "A"</b>	
	<b>3:57.60 "B"</b>	

Lane Name	School	Prelims
<b>Section 1 of 1 Finals</b>		
1	54 Magut, Abendego	Azusa Pacific 4:01.54
2	139 Delgado, Victor	Cal Baptist 4:02.17
3	143 Madrid, Javier	Cal Baptist 4:03.54
4	67 Timphony, JJ	Azusa Pacific 4:03.57
5	98 Carlson, Kirk	Biola 4:03.76
6	280 Ernst, Ryan	Point Loma 4:09.46
7	328 de Glymes, Christian	Vanguard 4:02.69
8	145 Moore, Mitchell	Cal Baptist 4:03.63
9	306 Gilbertson, John	The Masters 4:04.78
10	382 Goodin, Jacob	Westmont 4:01.49
11	287 Kear, Casey	Point Loma 4:02.40
12	183 Oliver, Zachary	Concordia (Cal.) 4:07.40

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**Event 26 Men 5000 Meter Run**

**GSAC Record: 14:31.02 1998 Jaime Martinez**  
**Stadium Rec: 14:53.84 1970 Dennis Savage**  
 14:56.24 "A"  
 15:12.00 "B"

Lane Name	School	Seed Time
<b>Section 1 of 1 Finals</b>		
1	103 Harabedian, Joseph	Biola 17:12.82
2	284 Jones, Brant	Point Loma 15:35.85
3	146 Mynes, Patrick	Cal Baptist 15:30.00
4	221 Ortiz, Marvin	Fresno Pacific NT
5	330 Orozco, Fernando	Vanguard 15:44.17
6	121 Williams, Carter	Biola NT
7	310 McAlister, Camden	The Masters 16:16.31
8	111 McNulty, Kyle	Biola NT
9	139 Delgado, Victor	Cal Baptist NT
10	388 Jeanson, Jake	Westmont 15:21.35
11	49 Lacambra, Anthony	Azusa Pacific NT
12	150 Romero, Juan	Cal Baptist 15:45.00
13	52 Lopez, Joe	Azusa Pacific NT
14	112 Morin, Mike	Biola 16:15.10
15	377 Day, Matthew	Westmont 15:21.59
16	378 Detmar, Charlie	Westmont 16:04.23
17	329 Johnson, Matt	Vanguard NT
18	54 Magut, Abendego	Azusa Pacific 14:31.69 "A"
19	148 Rodriguez, Sergio	Cal Baptist 15:30.00
20	114 Richert, Ryan	Biola 15:35.00
21	149 Rojas, Alex	Cal Baptist 15:50.00
22	306 Gilbertson, John	The Masters 14:38.18 "A"
23	311 Pizzo, Anthony	The Masters 14:37.49 "A"
24	67 Timphony, JJ	Azusa Pacific NT
25	154 Verdone, Joshua	Cal Baptist NT
26	328 de Glymes, Christian	Vanguard NT
27	389 Kemp, Nathan	Westmont NT
28	109 Lyle, Spencer	Biola 16:17.51
29	50 Lewton, Forrest	Azusa Pacific NT
30	380 Evancoe, John	Westmont NT
31	98 Carlson, Kirk	Biola 15:14.00
32	141 Langworthy, Mark	Cal Baptist 15:45.00
33	68 Winston, Spencer	Azusa Pacific NT
34	145 Moore, Mitchell	Cal Baptist 15:20.00
35	287 Kear, Casey	Point Loma 15:19.46
36	382 Goodin, Jacob	Westmont 15:23.78
37	215 Huerta, Carlos	Fresno Pacific NT
38	226 Rodriguez, Cesar	Fresno Pacific 15:22.15
39	289 MacNeil, William	Point Loma 15:21.89
40	143 Madrid, Javier	Cal Baptist 15:15.00

**Event 6 Men 110 Meter Hurdles**

**GSAC Record: 14.22 2001 Ales Skoberne**  
**Stadium Rec: 14.64 1966 Miller**  
 14.80 "A"  
 15.25 "B"

Lane Name	School	Prelims
<b>Section 1 of 1 Finals</b>		
1	222 Puente, Anthony	Fresno Pacific 15.73
2	63 Stevick, Casey	Azusa Pacific 15.50
3	210 Clark, Andrew	Fresno Pacific 14.92 "B"
4	212 Dejongh, Ethan	Fresno Pacific 14.51 "A"
5	331 Perkins, Aze	Vanguard 14.78 "A"
6	288 Lewis, Sean	Point Loma 15.66
7	39 Ezell, Slater	Azusa Pacific 15.69
8	34 Chessum, Ian	Azusa Pacific 15.85

**Event 14 Men 400 Meter Hurdles**

**GSAC Record: 52.12 2008 Jordan Burnette**  
**Stadium Rec: 54.14 3/27/2010 Andrew Clark**  
 53.90 "A"  
 55.30 "B"

Lane Name	School	Prelims
<b>Section 1 of 1 Finals</b>		
1	34 Chessum, Ian	Azusa Pacific 58.43
2	140 Glasby, Derrick	Cal Baptist 57.04
3	39 Ezell, Slater	Azusa Pacific 55.67
4	288 Lewis, Sean	Point Loma 55.01 "B"
5	35 Clark, Kyle	Azusa Pacific 55.24 "B"
6	210 Clark, Andrew	Fresno Pacific 56.44
7	295 Schiller, Josh	Point Loma 57.11
8	42 Fulkerson, Trevor	Azusa Pacific 58.54

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**Event 24 Men 4x100 Meter Relay**

**GSAC Record: 40.84 1987 Azusa Pacific**  
**Stadium Rec: 41.64 1972**  
 41.85 "A"  
 42.45 "B"

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
2	Biola		44.97
	1) 96 Bacchus, Matthew	2) 104 Henry, Jameson	
	3) 110 McMunn, CJ	4) 97 Calkins, Alex	
3	Fresno Pacific		43.12
	1) 212 Dejongh, Ethan	2) 222 Puente, Anthony	
	3) 229 Wells, Wes	4) 225 Rocker, Richard	
4	Azusa Pacific		42.61
	1) 36 Crego, Matt	2) 59 Savidge, Jordan	
	3) 57 Sabio, Alexander	4) 48 Keene, Zachary	
5	Concordia (Cal.)		45.71
	1) 177 Faust, Tommy	2) 179 Harkins, Bryan	
	3) 180 Koenig, Thomas	4) 182 Norman, Ronnie	
6	Point Loma		42.61
	1) 288 Lewis, Sean	2) 286 Kakuda, Ronsen	
	3) 291 Mead, Daniel	4) 278 Davidson, Jeremy	
7	Westmont		43.82
	1) 391 Lagace, Brent	2) 384 Hayes, Isaac	
	3) 402 Thompkins, Adam	4) 395 McCann, Jimmy	
8	Vanguard		41.74 "A"
	1) 337 Thomas, Danny	2) 331 Perkins, Aze	
	3) 327 Black, Dan	4) 338 Whitelow, Elvis	

**Event 28 Men 4x400 Meter Relay**

**GSAC Record: 3:15.61 1990 Azusa Pacific**  
**Stadium Rec: 3:15.64 1972**  
 3:17.00 "A"  
 3:19.40 "B"

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Cal Baptist		3:25.00
	1) 138 Cline, Chris	2) 140 Glasby, Derrick	
	3) 142 Lawton, Phillip	4) 155 Williams, Chase	
2	Biola		3:34.32
	1) 93 Aeschliman, Gaberiel	2) 119 Tromberg, Brian	
	3) 120 Weller, Mark	4) 117 Sharp, Tyler	
3	Azusa Pacific		3:28.23
	1) 48 Keene, Zachary	2) 51 Logan, Anthony	
	3) 35 Clark, Kyle	4) 39 Ezell, Slater	
4	Vanguard		3:19.80
	1) 331 Perkins, Aze	2) 334 Rose, Morgan	
	3) 327 Black, Dan	4) 338 Whitelow, Elvis	
5	Fresno Pacific		3:23.19
	1) 210 Clark, Andrew	2) 211 Clark, Anthony	
	3) 225 Rocker, Richard	4) 229 Wells, Wes	
6	Westmont		3:26.53
	1) 403 Thompkins, Isaac	2) 398 Shiney, Matthew	
	3) 383 Gourdeau, Garrison	4) 404 Williams, Eric	
7	Concordia (Cal.)		NT
	1) 182 Norman, Ronnie	2) 186 Rollins, Jarid	
	3) 184 Phelps, Stephen	4) 183 Oliver, Zachary	
8	Point Loma		3:16.18 "A"
	1) 288 Lewis, Sean	2) 286 Kakuda, Ronsen	
	3) 295 Schiller, Josh	4) 277 Botma, Corey	

**Event 30 Men High Jump**

**GSAC Record: 2.20m 1989 Dan Raatjes**  
**Stadium Rec: 2.08m 1969 Travaille/Phillips/Flynn/Lavend**  
 2.06m "A"  
 2.01m "B"

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	301 Yantis, Graham	Point Loma	NH
2	402 Thompkins, Adam	Westmont	1.70m
3	216 Kopper, Jason	Fresno Pacific	1.75m
4	375 Campbell, Anthony	Westmont	1.76m
5	102 Hanson, Ryan	Biola	1.79m
6	47 Ingles, Jonathan	Azusa Pacific	1.79m
7	219 Marion, Donovan	Fresno Pacific	1.80m
8	376 David, Christian	Westmont	1.90m
9	276 Anderson, Axel	Point Loma	1.95m
10	298 Viola, Anthony	Point Loma	1.96m
11	297 Timm, Austen	Point Loma	2.06m "A"
12	62 Somerville, Jerry	Azusa Pacific	2.06m "A"
13	290 McGregor, Brett	Point Loma	2.06m "A"
14	229 Wells, Wes	Fresno Pacific	2.10m "A"

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**Event 36 Men Triple Jump**

**GSAC Record:** 15.66m 1992 Ben Koech  
**Stadium Rec:** 15.49m 3/27/2010 Eugene Vollmer  
14.33m "A"  
14.02m "B"

Pos	Name	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	58 Sato, Jonathan	Azusa Pacific		11.16m
2	38 Ellis, John	Azusa Pacific		13.09m
3	309 Lawson, Kevin	The Masters		14.73m "A"
4	212 Dejongh, Ethan	Fresno Pacific		ND
5	229 Wells, Wes	Fresno Pacific		12.76m
6	290 McGregor, Brett	Point Loma		12.98m
7	65 Sutton, Monti	Azusa Pacific		14.77m "A"
8	376 David, Christian	Westmont		13.09m

**Flight 2 of 2 Finals**

1	219 Marion, Donovan	Fresno Pacific		13.05m
2	100 Foster, Ryan	Biola		12.53m
3	104 Henry, Jameson	Biola		12.46m
4	218 Lyons, Addison	Fresno Pacific		ND
5	227 Vollmer, Eugene	Fresno Pacific		15.49m "A"
6	297 Timm, Austen	Point Loma		13.44m
7	301 Yantis, Graham	Point Loma		13.07m
8	41 Feeney, James	Azusa Pacific		13.23m

**Event 38 Men Shot Put**

**GSAC Record:** 19.15m 2009 Chad Smith  
**Stadium Rec:** 20.15m 1970 Steinhauer  
15.54m "A"  
15.24m "B"

Pos	Name	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	294 Porter, Michael	Point Loma		7.97m
2	225 Rucker, Richard	Fresno Pacific		13.76m
3	187 Tucker, Shane	Concordia (Cal.)		15.03m
4	220 McDougal, Max	Fresno Pacific		8.60m
5	99 Flores, Juan	Biola		13.49m
6	230 Winters, Aaron	Fresno Pacific		11.84m
7	393 MacDonald, Scott	Westmont		14.30m
8	185 Robinson, Nick	Concordia (Cal.)		17.52m "A"
9	177 Faust, Tommy	Concordia (Cal.)		ND
10	217 Lopez, Joel	Fresno Pacific		12.11m

**Flight 2 of 2 Finals**

1	394 Mathis, Daniel	Westmont		7.39m
2	181 McCurry, Caleb	Concordia (Cal.)		16.76m "A"
3	386 Hernandez, Manuel	Westmont		8.87m
4	63 Stevick, Casey	Azusa Pacific		14.06m
5	292 Miller, Mark	Point Loma		ND
6	55 Mathews, Justin	Azusa Pacific		12.70m
7	228 Walls, Aaron	Fresno Pacific		11.57m
8	213 Garza, Toby	Fresno Pacific		13.98m
9	281 Grandi, James	Point Loma		15.24m "B"
10	37 Cullen-Carol, Nick	Azusa Pacific		13.47m

**Event 42 Men Hammer Throw**

**GSAC Record:** 70.24m 1992 Par Karlsson  
**Stadium Rec:** 60.32m 1984 Mann  
50.60m "A"  
48.31m "B"

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	281 Grandi, James	Point Loma		47.43m
2	55 Mathews, Justin	Azusa Pacific		34.20m
3	37 Cullen-Carol, Nick	Azusa Pacific		36.69m
4	225 Rucker, Richard	Fresno Pacific		44.72m
5	393 MacDonald, Scott	Westmont		37.56m
6	386 Hernandez, Manuel	Westmont		25.62m
7	220 McDougal, Max	Fresno Pacific		32.54m
8	394 Mathis, Daniel	Westmont		18.11m
9	228 Walls, Aaron	Fresno Pacific		45.03m
10	294 Porter, Michael	Point Loma		21.37m
11	213 Garza, Toby	Fresno Pacific		50.59m "B"
12	230 Winters, Aaron	Fresno Pacific		53.57m "A"
13	292 Miller, Mark	Point Loma		31.52m
14	217 Lopez, Joel	Fresno Pacific		40.51m

**Event 2 Decathlon: #10 Men 1500 Meter Run**

Lane	Name	School	Seed	Time
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**Section 1 of 1 Finals**

1	53 Macias, Jorge	Azusa Pacific		NT
2	47 Ingles, Jonathan	Azusa Pacific		NT
3	298 Viola, Anthony	Point Loma		NT
4	56 Matt, Rau	Azusa Pacific		NT
5	396 Montzingo, Luke	Westmont		NT
6	385 Henson, Hans	Westmont		NT
7	279 DeShaw, Derek	Point Loma		NT

**Event 2 Decathlon: #6 Men 110 Meter Hurdles**

Lane	Name	School	Seed	Time
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**Section 1 of 1 Finals**

2	53 Macias, Jorge	Azusa Pacific		NT
3	56 Matt, Rau	Azusa Pacific		NT
4	279 DeShaw, Derek	Point Loma		NT
5	385 Henson, Hans	Westmont		NT
6	47 Ingles, Jonathan	Azusa Pacific		NT
7	396 Montzingo, Luke	Westmont		NT
8	298 Viola, Anthony	Point Loma		NT

**Event 2 Decathlon: #8 Men Pole Vault**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	279 DeShaw, Derek	Point Loma		NH
2	298 Viola, Anthony	Point Loma		NH
3	56 Matt, Rau	Azusa Pacific		NH
4	47 Ingles, Jonathan	Azusa Pacific		NH
5	385 Henson, Hans	Westmont		NH
6	53 Macias, Jorge	Azusa Pacific		NH
7	396 Montzingo, Luke	Westmont		NH

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**Event 2 Decathlon: #7 Men Discus Throw**

<b>Pos</b>	<b>Name</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	298 Viola, Anthony	Point Loma	ND
2	53 Macias, Jorge	Azusa Pacific	ND
3	385 Henson, Hans	Westmont	ND
4	279 DeShaw, Derek	Point Loma	ND
5	47 Ingles, Jonathan	Azusa Pacific	ND
6	56 Matt, Rau	Azusa Pacific	ND
7	396 Montzingo, Luke	Westmont	ND

**Event 2 Decathlon: #9 Men Javelin Throw**

<b>Pos</b>	<b>Name</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	298 Viola, Anthony	Point Loma	ND
2	279 DeShaw, Derek	Point Loma	ND
3	47 Ingles, Jonathan	Azusa Pacific	ND
4	53 Macias, Jorge	Azusa Pacific	ND
5	56 Matt, Rau	Azusa Pacific	ND
6	385 Henson, Hans	Westmont	ND
7	396 Montzingo, Luke	Westmont	ND