

Fall Sports Activities for Adults from City Parks & Recreation



Los Banos Pool—Dive In!

Swim year-round in our oceanside, 50-meter, heated outdoor pool. Lap swim, lessons and weight room. Pool lane and locker rentals available. Daily visit or monthly passes. Masters coached swimming program available. 401 Shoreline Dr. Adult Lap Swim hours (from 8.20):
M-F: 7:30-9am, 12-2pm, 7:15-8:15pm
Weekends & holidays 12-2pm
Daily: \$6/\$5; dlscouted swim passes available.
Info: 966-6110

Get a Team Together

Indoor Volleyball League: Men's Divisions and Women's Open play at SBCC or SBHS. Fall League 9/12-11/14. Register by 8/26. Team fee \$310; Individual fee \$52. Code 15476.
Indoor Basketball League: Coed and Women's league play at SBCC or SBHS. Fall League 9/12-11/14. Register by 8/26. Team fee \$500; Individual fee \$72. Code 15475
Info: 564-5422

Hit the Sands!

Beach Volleyball and Advanced Beach Volleyball: Learn volleyball techniques on the sands of East Beach with local Masters Champion Brant Lee. Monday and Wednesday evenings, 6-8pm, 8/8-8/31 and 9/12-10/5. Codes 15176 & 15177.
Info: 897-2680
4-on-4 Beach Volleyball League. Coed A, B, C. Friday evenings, 5:30-dusk. 9/9-10/21. East Beach Team fee: \$200; Individual fee \$50
Info: 564-5422

Play Tennis For Life!

Quality grassroots programs for all ages at reasonable prices. Year-round group classes, private lessons, leagues and tournaments with USPTA-certified instructors. 22 well-maintained public courts. Register online.
Municipal Tennis Center, 1414 Park Place. 12 hard courts, 3 lighted courts. Daily dawn till 9pm.
Pershing Park, 100 Castillo Street. 8 hard courts after 5pm weekdays and all day weekends. Drop-in Doubles, Mondays & Fridays, 6:30pm. 969-9655.
Daily permits: \$8/\$7. Annual permits: \$139/\$125; Senior (60+) \$125/\$113,
Info: 564-5573

Swing a Golf Club!

The best golf value in the area, the Santa Barbara Golf Club is an 18-hole, full-service public course with a driving range, Pro Shop, cart & cub rentals, group & private lessons and restaurant & bar. Internet tee times. 3500 McCaw Ave.
Info: 687-7087 • www.sbgolf.com

